

Substance Use Prevention

Charlottesville City Schools & Region 10 CSB
October 10th, 2024

regionten



What is substance misuse prevention?

Primary

Universal

Education on the dangers of substances and teaching healthy behaviors that reduce risk factors.

Aims to reduce the likelihood that a student will ever misuse alcohol, tobacco and drugs.

Secondary

Targeted

Early detection and intervention with focus on the underlying factors that contribute to substance use.

Aims to stop substance misuse in students who have already encountered or used substances.

Tertiary

Indicated

Harm reduction and treatment.

Aims to treat substance abuse disorders, prevent reoccurrence, and reduce risk of use.

CCS Primary Strategies: Direct

Implementation Stage:

- *NEW* Botvin Life Skills Curriculum 7th-10th in HPE classes
- *NEW* Too Good for Drugs Curriculum 5th-6th in HPE classes
- Alcohol Awareness Education (Everfi) 9th grade HPE, 10th grade Driver's Ed
- CATCH curriculum includes nicotine awareness 7th-8th grade
- Y-Street Youth Led Advocacy 9th-12th grade
- Social Emotional Learning with CASEL competencies PK-12th grade
- Health Education Standards K-12

Planning Stage:

- You and Me Together Vape Free Elementary Curriculum



CCS Primary Strategies: Awareness

- Professional Learning:
 - Tobacco and Cannabis, Substance Use Prevention Programming, CCS HPE Coordinator
 - Healthy Futures Curriculum: Alternative-to-Suspension Curriculum, CCS HPE Coordinator
 - Alternative-to-Suspension (ATS) program from the Stanford REACH Lab, CCS HPE Coordinator
 - Vaping the New Face of Nicotine Addiction; UVA Injury Prevention Coordinator (Rescheduled)
 - Substance Use in Schools: What to look for this Fall; UVA Injury Prevention Coordinator (Rescheduled)
- Informational:
 - Fentanyl Awareness flyer distributed
 - SAP flyers updated and posted



CCS Primary Strategies: Partnerships

- Partnerships:
 - Region 10 Student Assistance Programming at Buford and CHS
 - *NEW* Region 10 Partnership at Walker
 - Exploring partnership with UVA Office of Pain Management and Opioid Stewardship (OPMOS)

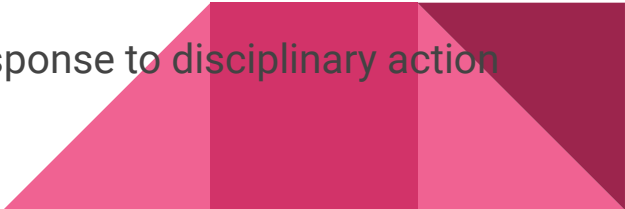


CCS Secondary Strategies: Direct

Implementation:

- Screening, Brief Intervention, Refer to Treatment (SBIRT) by Region 10 SAP staff
 - Teen Intervene
- *NEW* Using screening tools BSTAD and S2BI for CCS clinicians to guide intervention
- Tier 3 Mental Health Intervention

Planning

- Add new SBIRT programs
 - Considering Preventure, SPORT and/or Project Towards No Drug Abuse
 - Add intervention materials to be used in conjunction with Tier 3 mental health intervention by CCS clinicians
 - Natural High through Care Solace, Brief Challenges
 - Use a prevention curriculum as a behavioral intervention in response to disciplinary action
- 

CCS Secondary Strategies: Screening

Implementation:

- *NEW* Vape detectors
- Monitoring disciplinary incidents and referral to SAP
- Student self-assessment data



CCS Tertiary Strategies

Implementation:

- Refer to community-based treatment
- *NEW* Rapid Revive included for all CCS staff in Health Services Training

Planning:

- Provide Seven Challenges to students through an Elk Hill Partnership



CCS Tertiary Strategies

Considering:

- Training in Seven Challenges or other treatment program for CHS clinicians
- Request for additional CCS clinician at CHS for SY 25-26

