




Bullying Prevention

School	Activities
<p>Burnley- Moran</p>  <p>The logo for Burnley-Moran Bobcats features a stylized black and white bobcat head inside a circle. Below the circle, the text "BURNLEY-MORAN" is written in orange and "BOBCATS" is written in blue.</p>	<p>Classroom Guidance:</p> <ul style="list-style-type: none">• K-4th are learning conflict resolution skills using Kelso's Choice and ReThinkEd lessons• Students receive weekly lessons throughout the entire school year with a focus on SEL skills such as empathy and healthy peer relationships. <p>School-wide:</p> <ul style="list-style-type: none">• Our character trait focus for September was Kindness. Students were given daily reminders and prompts on how to show kindness to others• Staff gives out Shout Outs every Friday to students who exemplify kindness• 2x/month 3rd & 4th grades participate in Mix It Up lunches to encourage students to get to know different peers• All classroom have daily Morning Meetings & Closing Circles to support a strong classroom community <p>Individual & Small Group:</p> <ul style="list-style-type: none">• The school counselor regularly meets with students to help resolve peer conflicts• I meet with individual students who have displayed bullying behavior with a focus on mindfulness, anger management, and empathy building skills.



Tier 1 intervention is implemented in all of the classrooms through the “Zones of Regulation” curriculum. Teachers have weekly SEL lessons that reinforce skills on self-regulation and understanding different emotions.

Currently, we are administering the Rethink Ed self-assessment to third and fourth grade students to understand where they may need more SEL support. Small groups, based on this data, will be formed that will encompass understanding others emotions, emotional regulation and friendship skills.

In late October kindergarten through fourth grade teachers will use the DESSA assessment to give more insight into the students social emotional growth as well as get a better sense of how the younger students are developing.

The School Counselor teaches weekly classes to Kindergarten and first grade using the evidence based ReThink Ed curriculum. The year began with learning about emotions and how to identify the different emotions people experience. We discussed how facial and body expressions can be confusing and ways to ask people how to clarify what they are feeling to find out what is wrong. Recently we covered wants and needs and how to appropriately ask for help. Currently we are looking at how much the students have grown over time and specifically at what they can currently accomplish and skills they still need to learn. We have also touched on how each student learns at different speeds. Grades second through fourth are receiving monthly lessons from the Rethink program as well.

The SEL team is in the process of rethinking the “Honor Patrol”. We hope to develop a program that gives students an opportunity to grow leadership skills and confidence by interacting and working with the younger students. This builds relationships across grades, sets an example for the younger students and builds compassion for others.

Every day students receive “Un-beelievable Bees” that highlight the Clark tenants of “Taking care of ourselves, Taking care of each other and Taking care of this place”. Bees are mentioned during morning meeting as a way to celebrate the students.

Specifically, for October we will talk about and define bullying. Using the “Pacer Kids Against Bullying” website we will talk to the kids about how to identify a bully and, if they are interested, they can make their own anti-bullying videos to share with the rest of the school. Once students have engaged with the program, they can choose to “Take the Pledge” and stand up to bullying. We are planning on putting out a monthly SEL parent letter. For the month of October it will include resources for parents to support their students in school as well as tackle topics like cyber-bullying.

Greenbrier



Greenbrier’s year-long efforts around SEL instruction and Mental Wellness aim to prevent bullying. Specifically, our school-wide integration of the Compassionate Schools Project (with direct curriculum implementation occurring in grades K-2), and the use of the Zones of Regulation and ReThink Ed’s SEL lessons (grades 3-4) around self-management and social awareness. Additionally, more targeted approaches will be implemented during the month of October.




Tier-1 classroom counseling lessons grades PK3-4th will focus specifically on bullying: teaching what bullying looks, sounds and feels like, the impact of bullying, and appropriate strategies for conflict resolution and being an “upstander”. Each class will sign an anti-bullying pledge.

Behavior and observation data has indicated that recess (specifically among upper grades) is a time during the school day that could use more support. During October, 4th grade students will engage in a video-creation project, supported by the PBIS committee, to create their own recess behavior expectation videos. These videos will then be premiered to lower grades and used as a teaching tool.

Tier-2 small counseling groups will continue, supporting students who need more targeted social skill-building, emotional regulation or conflict resolution support.

At tier-3, students engage in restorative practices if conflict or bullying arises. There is a deep body of research showing the benefits of these approaches, and our entire school is working to base our response to unexpected behavior in restorative justice.

Finally, we will end the month of October with a bullying prevention spirit week. An upstander or kindness strategy will be shared on the announcements each day. Each class will be invited to create their own kindness/bullying prevention project. This will also be a component during our School-Wide Morning Meeting.

<p>Jackson-Via</p> 	<p>Jackson-Via is planning a variety of activities to support bullying prevention--not just in October but all year.</p> <p>The school counselor teaches counseling class lessons in PK-4th grade that focus on building empathy, reinforcing kindness and respect, and teaching healthy relationship and conflict resolution skills. Research shows that building a community of upstanders is the most effective way to combat bullying--empowering all students to be upstanders is an ongoing priority at Jackson-Via. This upstander resource room was shared with all students via canvas.</p> <p>School-wide, bullying prevention messaging will be shared during morning announcements; all classrooms will participate in a shared school-wide read and discussion of the story, The Juice Box Bully by Maria Dismondy and Robert Sornson. Also, a special newsletter highlighting Jackson-Via's efforts to combat bullying will be shared with families. This includes what bullying is and isn't, what to do if your child is bullied, and resources to use at home.</p> <p>The Jackson-Via Bully Nots are back and planning an epic school-wide assembly for students, staff and parents. The Bully Nots was started in 2008 by school counselor Kristin Ullrich and former J-V teacher Nikii Franklin. The Bully Nots harness students' creative talents and use mediums like song, dance, art and poetry to spread positive messages about kindness, respect, inclusion, and celebration of differences.</p> <p>Last, Jackson-Via will conclude bullying prevention month with a spirit week, October 17th-21st to further bring awareness to the importance of bullying prevention.</p>
<p>Johnson</p> 	<p>Johnson will continue its Tier 1 social emotional learning with Second Step and Rethink Ed focusing this month on self-management, awareness of self and others, social awareness and relationship skills. We will also continue to ROAR each day by reciting and practicing our code of conduct: "As at Johnson Learning Leopard I come to learn. I promise to ROAR by being Respectful, Open-Minded, Actively Engaged, and Responsible. I will always try my best." Finally, we will kick off the month with a school wide morning meeting this Friday highlighting lots of special acknowledgements for the month of October.</p>
<p>Venable</p> 	<p>Classroom Guidance:</p> <ul style="list-style-type: none"> ● All grades: Kelso's choices on conflict resolution ● K-2: Second Step Lessons on Respect, empathy, and kindness ● 3rd and 4th: Rethink classroom lessons on SEL skills ● I plan on teaching counseling lessons about bullying prevention (Power of the Upstander)

School wide:

- I plan on making a school counselor newsletter that highlights Power of the Upstander themes and provides books and online resources for parents.
- Twice a month I teach a calm-down strategy on the morning announcements
- I visit recess for different grades to build relationships with students and to intervene if I see teasing behaviors.
- Venable also joins the other elementary schools for Kindness Spirit Week (We call it Empathy Spirit Week since one of our PBIS expectations is empathy).
- I plan on promoting these topics through student art on my bulletin board and messages during morning announcements.
- Shining Star Certificates: if a Venable student or teacher sees another student being kind, they can nominate them for a shining star certificate and they will be awarded a certificate with their name, and they will be recognized on the morning announcements
- I often meet with students about conflicts in their friendships
- I meet with students who have been the victim of bullying or the bully

Walker



SEL Classroom Lessons-

Students in grades 5 and 6, as well as students served through our LEAP program, have all benefited from bi-weekly (once every two weeks) SEL lessons led by members of our Mental Wellness Team and one of our Instructional Coaches.

Topics of SEL lessons thus far have included:

- ❖ How to access school counseling support at Walker and limits of confidentiality
- ❖ Recognizing different emotions in ourselves and others
 - > How can we tell how someone is feeling? (facial features, body language, discuss difficulty with masks)
 - > Why is it important to know how someone is feeling? (can help predict behavior, gives us clues about what our friends need/how to approach them)
 - > How can being aware of our classmates' (or teachers') emotions help us take care of each other at Walker?
- ❖ Celebrating what makes us shine!
 - > What personal qualities/talents/skills are you most proud of?
 - > If someone asked your friends and teachers what they like most about you, what do you think they would share?

Upcoming SEL classroom lesson topics on Bullying Prevention for October Include-

- ❖ What is bullying?
- ❖ What is an ally and what is an upstander? How to be one
- ❖ How can we take a stand against bullying?

Additionally our wonderful Walker librarian Ms. Arico will be teaching classroom lessons in the library on cyber bullying.

Lunch Bunches- small group support

Ms. Cook (5th grade school counselor) and Dr. Jacobson (6th grade school counselor) are leading lunch bunch groups twice daily with their respective grade levels. Lunch bunch groups consist of between 4 and 6 students meeting with the school counselor once a week for 6 weeks. The lunch bunch groups provide an opportunity for students to practice social skills and build community in a small group setting. Over the course of this school year roughly 600 Walker students will benefit from participation in a lunch bunch over the course of the school year.

Buford



Bullying Prevention Efforts at Buford

The Week of October 3rd: Students, faculty and staff will show their solidarity and wear blue on Monday, October 3rd to kick off Bullying Prevention Month. By wearing blue we are joining the national initiative and recognizing "World Day of Bullying Prevention."

Stall Talk will be displayed in the bathrooms highlighting online safety as a way to curb cyberbullying.

The Week of October 10th: A banner hanging in the foyer of the school where students can pledge to end bullying and sign the banner.

Alongside the banner will be bullying statistics to capture the attention of those signing the pledge.

Begin push into 7th and 8th grade classes: SEL Lesson: Bullying, Identity, and prejudice-based & identity bullying.

Stall Talk will be displayed in the bathrooms highlighting online safety as a way to curb cyberbullying.

Have a table and lunch where students and staff can write notes of kindness.

The Week of October 17th:

Administration will make anti-bullying announcements at the beginning and end of each day.

Continue push into 7th and 8th grade classes: SEL Lesson: Bullying, Identity, and prejudice-based & identity bullying.

Tuesday: During lunch, trivia about bullying.

Wednesday, October 19th: Unity Day. Students, faculty and staff will wear orange to show their solidarity, unity and kindness at Buford.

Lunch: Positive vibes with Mr. Perry and Mr. Byers.

After school: Get faculty to chalk the front of the building leaving kind messages for students upon arrival on thursday.

The Week of October 24th:


No one will eat alone at school lunch. Adults will sit with any student who is isolated at lunch.


Students will be persuaded to sit with someone they don't know, on the bus, and get to know each other.

Individual & Small Group:

- The clinical social workers, school counselors, and Care and Safety Assistants regularly meet with students to help resolve peer conflicts. Efforts are made to get to the root causes and appropriate resource referrals are made or interventions put in place.
- The student support team meets with individual students who have displayed; or been negatively affected by bullying

	<p>behavior. This work can get deep as it is common that targeted and aggressive behavior can be a behavioral pattern that crystallizes in students who do not feel safe in their school or community. In this way we are simultaneously committed to teaching and reinforcing more appropriate ways to meet student needs, and doing our part to increase safety in our school and community.</p>
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<p style="text-align: center;">LMA</p> 	<p>Our Ripple Effects program discusses positive and healthy relationships. We are promoting team building and we are planning a school wide assembly with some community building activities</p>
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<p style="text-align: center;">CHS</p> 	<p>CHS School Counselors will be collaborating with Region 10 SAP staff to promote bullying/harassment awareness and prevention.</p> <p>CHS School Counselors will collaborate with administration on a CHS PSA.</p> <p>Lunchroom activities:</p> <p>WEEK 1: Bullying and Harassment Awareness (next week) ● Bullying Bingo--- identifying negative behavior patterns (Win prizes)</p> <p>WEEK 2: Random Act of Kindness Initiative (this week)</p> <ul style="list-style-type: none"> ● Kindness Chain-- construction paper chain, different colors, where students write acts of kindness and we connect them into one chain <p>October 19th is Unity Day: Wear and Share Orange to show unity for kindness, acceptance, and inclusion.</p> <p>WEEK 3 "Get to know Black Knights"</p> <ul style="list-style-type: none"> ● Compliment candy gram ● Gratitude Notes: write a gratitude note to a staff member or peer. <p>WEEK 4 Upstander NOT Bystander</p> <ul style="list-style-type: none"> ● Hold a pledge signing event ● Pledge Wall
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